

AGHAPPENINGS

Agriculture & Natural Resources Extension Newsletter

Save the Date 3 Great Programs Coming Winter 2025-2026

SOUTH CENTRAL KY DEER SCHOOL

Brand New Program for all the wildlife enthusiasts, deer hunters, landowners, and conservationists.

Dec. 22 Jan. 6 Jan. 20 Feb. 3

6 pm



AGRICULTURE APPRECIATION LUNCH

Come celebrate Logan County Agriculture & the people who make it great!!

February 4 Noon

KY-TN GRAIN DAY

Annual Grain Day Conference with great line-up of speakers & trade show full of area businesses & services.

February 6 8 am - 1:30 pm



Logan County Extension
255 John Paul Ave
Russellville, KY 42276
270-726-6323



Leann Martin
Agriculture & Natural
Resources Extension Agent
leann.martin@uky.edu

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FRUIT & VEGETABLE CONF.
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TOBACCO GAP
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RECIPE

PRIVATE PESTICIDE APPLICATOR TRAINING

TRAINING WILL BE HELD IN-PERSON - LOGAN COUNTY EXTENSION OFFICE
255 JOHN PAUL AVE RUSSELLVILLE, KY 270-726-6323

January 22
9 am

or

February 10
9 am or 6 pm

Leann Martin

Logan County
Extension Agent
Agriculture & Natural
Resources Education
leann.martin@uky.edu
270-726-6323



UK Winter Wheat Meeting

February 3, 2026

Bruce Convention
Center
Hopkinsville, KY

AGRICULTURE APPRECIATION LUNCHEON

Logan County Extension Office
255 JOHN PAUL AVE RUSSELLVILLE, KY 270-726-6323



4-H HAM AUCTION &
4-H & FFA SAE TRADE SHOW



Save the Date
February 4
2026

FREE TO ATTEND
RSVP IS ENCOURAGED

FOOD LINES
OPEN 11:30 AM



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

LOGAN
COUNTY
CHAMBER OF COMMERCE

The 988
Lifeline is
here for
farmers.

Call or text 988
for confidential
support 24/7.

RAISING
HOPE



KENTUCKY
**INTENSIVE
SOYBEAN MANAGEMENT
WORKSHOP**

BOWLING GREEN
WED., JAN. 14
SLOAN CONV. CTR.
LUNCH-4 P.M.



2026 ISM

SOUTH CENTRAL KENTUCKY DEER SCHOOL

LIVE & IN-PERSON LOCATION

MONROE COUNTY
EXTENSION OFFICE
288 COMMERCE DRIVE
TOMPKINSVILLE, KY
270-487-5504

LIVE SATELLITE LOCATION

LOGAN COUNTY
EXTENSION OFFICE
255 JOHN PAUL RD
RUSSELLVILLE, KY
270-726-6323

6:00 PM



- SESSION 1 - DEC. 22 UNDERSTANDING WHITETAIL DEER
 - Behavior, Movement, & Home Ranges
 - Senses & Communication
 - Antler Growth & Genetics
- SESSION 2 - JAN. 6 HABITAT MANAGEMENT PART 1
 - Forest Management
 - Prescribed Fire
 - USDA Funding Options
- SESSION 3 - JAN. 20 HABITAT MANAGEMENT PART 2
 - Understanding Deer Diets
 - Management of Food Plots & Open Fields
 - Food Plot Mixtures
- SESSION 4 - FEB. 3 HERD MANAGEMENT
 - Buck Management
 - Doe Management
 - Predator Management

 Cooperative
Extension Service



**IN PARTNERSHIP WITH
LOCAL VENDORS**

FARMING 101



MASTER THE FUNDAMENTALS
OF FARMING: ESSENTIAL
BASICS FOR SUCCESS

- Farming Resources
- Basic Equipment Needs
- Getting Started in Farming
- Farming Enterprises to Consider



SCAN ME

Cost is \$35.00.

Register TODAY using
this QR Code!



Great For All Ages
& Experience Levels

Kentucky
COMMODITY CONFERENCE

Thursday, January 15, 2026
Sloan Convention Center
Bowling Green

KENTUCKY
Fruit & Vegetable Conference 2026

BOWLING GREEN, KY | JANUARY 11-13



Registration Now Open!

Register before Jan. 9th
for \$20 OFF

Garden to Groceries

Practical Gardening Education

Learn how to grow vegetables, fruits, and herbs, troubleshoot common problems, harvest at peak nutrition, and transform produce into tasty, healthy meals.

What Participants will Get:



Seasonal
Modules



Interactive
Webinars



Take Home
Resources

Program Dates Via Zoom:

All Sessions Held at 12:00 Noon CST

- January 8th – Program Overview
- February 12th – Sweet Corn
- March 12th – Potatoes
- April 9th – Tomatoes
- May 14th – Cucumbers
- June 11th – Pumpkins
- July 9th – Zucchini/Squash
- August 13th – Strawberries
- September 10th – Lettuce
- October 8th – Garlic
- November 12th – Herbs



CATTLE TIMELY TIPS

Spring Calving Cow Herd

- Be sure that weaned heifer calves are on a feeding program that will enable them to reach about 65% of their mature weight before the start of the breeding season. Rations should be balanced to achieve gains sufficient to get heifers from their current weight to that “target” weight. Heifers should reach their target weight approximately 30 days before the start of the breeding season.
- Body condition is important, plan an adequate winter program for cows to be at least body condition score 5 (carrying enough flesh to cover the ribs) before the calving and breeding season. This will help them to breed early in the spring. Thin cows should be fed to regain body condition prior to winter.
- Divide the herd into groups for winter feeding:
 - weaned heifer calves
 - first-calf heifers, second-calvers and thin mature cows
 - the remainder of the dry cows which are in good body condition
 - herd sires
- Begin feeding the lowest quality forage to dry cows which are in good condition during early winter and save the best hay for calving time or for weaned calves.
- Order and number ear tags for next year's calf crop this winter. It is also a good time to catch up on freeze branding and replacing lost ear tags.



Fall Calving Cow Herd

- The fall breeding season has started. Breeding can best be accomplished on stockpiled fescue pasture; otherwise, cows with calves should be fed 25-30 pounds of good quality hay or its equivalent. Supplement with grain, if needed, and minimize hay waste. DON'T ALLOW THESE COWS TO LOSE BODY CONDITION PRIOR TO OR DURING THE BREEDING SEASON.
- If you haven't turned bulls out yet, have a Breeding Soundness Evaluation (BSE) performed on them (even if you used them this spring). A BSE is a risk management tool as BSE's accurately identify infertile bulls.
- Observe performance of bulls during breeding season. Watch cows for return to estrus, if you see several in heat, try to determine the cause and consider changing bulls.

General

- Complete soil testing pastures to check for fertility and pH.
- Consider putting down geotextile fabric and covering with gravel in feeding areas before you begin hay feeding to minimize waste of expensive hay.
- Another option to consider for winter feeding is bale grazing. Bale grazing helps spread nutrients across the pasture and can have regenerative effects on your pastures.
- Monitor body condition and increase feed, if needed, for all classes of cattle. It often gets cold in December and the nutrients needs of cattle increase as temperatures fall below their comfort level. Be especially mindful of cold, wet conditions and increase energy availability.



UK BEEF MANAGEMENT WEBINAR SERIES

Jan. 8 - Making the Most of the Good Years: Profits, Reinvestment, & Tax Management in Beef Cattle

Feb. 12 - Impacts of Bull Nutrition During Development on Semen Quality

7 PM **March 12** - Bull Selection Practices in KY: What Are We Doing Right & What Could We Improve

If you are interested and would like to register, send an email to dbullock@uky.edu with “Beef Webinar Series” in the subject line along with your Name & County in the message. The Zoom link and password will be sent to you.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Phone :
270-726-6323

2026



TOBACCO GAP TRAINING

WEDNESDAY, FEBRUARY 25

9:30 AM

Logan County Extension Office
255 John Paul Ave Russellville, KY

Leann Martin
Logan County ANR
Extension Agent
leann.martin@uky.edu

Bring Tobacco GAP Card & Photo ID

EXTENSION NEWSLETTER / PROGRAMS SURVEY

We are updating our
newsletter list
and are wanting
your help!



★ ★ ★ ★ ★ ★ ★ ★
Please scan the QR Code with your
phone to answer a few questions
about how you would like to receive
your Ag Newsletter. We also want to
know what programs you would like
more information on or new
programs we can bring to Logan
County.

LOGAN COUNTY CATTLEMEN ASSOCIATION

STEER SHOW, SALE & CARCASS CONTEST

**35 Exhibitors Weighed in
50 Steers**

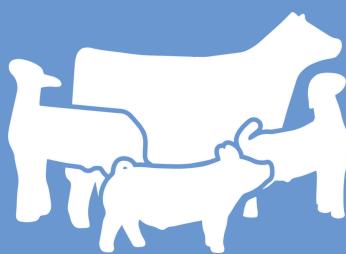
DATES TO KNOW

Preliminary Weigh In
April 14 4pm – 7pm

Show Day
May 26 1 pm

Call the Extension Office for more
information 270-726-6323





4-H LIVESTOCK CLUB & JUDGING CLUB

All 4-H Livestock Exhibitors are required to have 6 hours of Livestock Education prior to the Steer & Hog shows. To gain your hours, check out the 4-H Livestock Clubs

To stay connected & aware of upcoming meetings, scan the QR Codes



4-H Livestock Club

4-H Livestock
Judging Club



MARKETS ARE REACTIVE-YOUR RISK MANAGEMENT PLAN SHOULDN'T BE!



Dr. Kenny Burdine

Extension Professor, University of Kentucky

The past month has been a rollercoaster for cattle markets. Prices surged to record highs in mid-October, only to tumble sharply weeks later. Both feeder cattle and live cattle experienced significant declines, reflecting heightened volatility across the industry.

What changed? Not the fundamentals. Supplies remain tight, and demand is strong. But markets react to uncertainty—and that's exactly what happened.

Here's the takeaway: Price risk management can't be reactive. Tools like forward contracts, futures, options, and LRP insurance only work if you plan ahead. Waiting until prices fall is too late.

What should producers do?

- Plan ahead.
- Manage risk.
- Protect your bottom line.

Markets will always react. Your strategy should look forward.



Want to protect your bottom line?
Read the full article and learn how to build proactive risk management.

ALFALFA & STORED FORAGE CONFERENCE

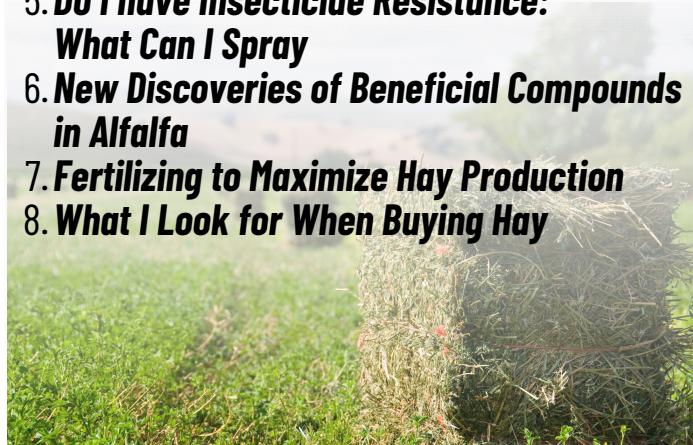
February 24

8am - 3:30pm



Logan County Extension Office
255 John Paul Rd. Russellville, KY

- 1. New Hay Testing Program Through UK Regulatory Services**
- 2. Hay Market Reports: Finding Data for Hay Sales in KY & Nationally**
- 3. New Product Line Up**
- 4. Weed Control for Hay Production**
- 5. Do I have Insecticide Resistance: What Can I Spray**
- 6. New Discoveries of Beneficial Compounds in Alfalfa**
- 7. Fertilizing to Maximize Hay Production**
- 8. What I Look for When Buying Hay**



ROW CROP FINANCIAL PLANNING WORKSHOP FOR 2026

Topics Covered

- Debt carryover
- Consolidation loans
- Preparing financial statements
- Effective grain marketing & storage
- Share and cash rental agreements
- Machinery costs and value
- Selecting crop insurance coverage
- Seed, fertilizer, and chemical costs
- Vendor financing

Registration Link January 14th
2025 (8 AM - 11 AM) 4635 US-41
Springfield, TN 37172



BREAKFAST PROVIDED

Agents in KY & TN Join Forces to Help Grain Farmers

In response to a very uncertain year in grain farming, the Agents from KY & TN have joined forces to help grain farmers prepare for their financial futures by navigating the ever-changing markets and rising input costs.

2025 KY Soybean & Corn Variety Trials Results are Available Now

Come by the Logan County Extension Office for a copy of the Soybean & Corn Variety Performance Trial Results.



KY-TN GRAIN DAY

LOGAN COUNTY EXTENSION OFFICE
255 JOHN PAUL RD RUSSELLVILLE, KY 270-726-6323

FEBRUARY 6

7:30 AM - 1:45 PM

Topics:
Grain Market Update, Maximizing Nutrient Efficiency & Cover Crops, Weed Management Strategies, Weather Effects on Disease Pressures, Estate Planning Do's & Don't that Directly Impact Grain Farms



TRADE SHOW OPEN UNTIL 1 PM



Trade Show Vendor Spots Now Available

Any agriculture business or supporter that would like the opportunity to be a part of our KY-TN Grain Day Vendor Show, please call the Logan County Extension Office for more details. 270-726-6323



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

UTEXTENSION
INSTITUTE OF AGRICULTURE
THE UNIVERSITY OF TENNESSEE

CCA CEU: *Applied for*
KY CEEU: *Applied for*
TN CEEU: *Applied for*



A Review of 2025 Beef & Cattle Markets

James Mitchell, *University of Arkansas*

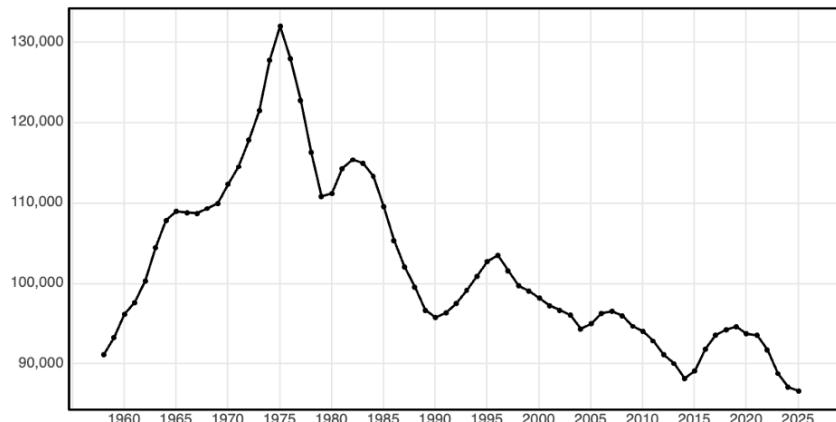
U.S. cattle inventories are at their lowest since the 1950s, totaling 86.7 million head as of January 1, 2025. Arkansas cattle inventory in 2025 totaled 1.56 million, Kentucky totaled 1.85 million, and Mississippi totaled 810 million, all the lowest inventories in at least the last 60 years. The U.S. cattle industry began cattle herd liquidation when inventories peaked at 94.7 million head in 2019 and have reduced by eight million head since that time (chart above). Liquidating

inventories is one phase of the cattle cycle, a 10-12-year pattern of expanding and contracting cattle numbers driven by changes in producer profitability and worsened by drought. The impacts of historically tight cattle numbers are being felt at every stage of the beef supply chain.

2025 cattle on feed inventories have averaged 11.44 million through November, a decline of 1.5% compared to 2024 over the same period. Despite longer days on feed and record dressed weights, tighter cattle supplies are affecting the number of cattle placed on feed and those leaving feedlots. Through October, cumulative feedlot placements have totaled 17.6 million or 6.4 percent lower year over year. Fed cattle slaughter in 2025 through mid-December has averaged 6.2 percent lower compared to 2024. Together, these trends have contributed to lower beef production. The December World Agricultural Supply and Demand Estimates from the USDA forecast 2025 beef production at 25.95 billion pounds, or 1.03 billion pounds (4.1 percent) below 2024 production.

Cattle and beef prices are sharply higher through the first half of 2025 (chart below). Arkansas steer prices for 500-600 lb. calves have averaged \$371/cwt year-to-date through November, up 29 percent from the same period in 2024 and more than double the 2019-2023 average. Arkansas feeder cattle prices (700-800 lb) are averaging \$314/cwt, a 32 percent year-over-year increase. Kentucky and Mississippi prices have followed similar trends. Fed cattle prices in the five-area region are averaging \$224/cwt, up 20 percent from last year, while the Choice boxed beef cutout has averaged \$359/cwt—17 percent higher than 2024 and close to 37 percent above the 2019-2023 average.

Market fundamentals and strong prices suggest there are incentives to begin rebuilding the U.S. cow herd, however, the signals for expansion remain muted at this point. While beef cow slaughter has come down by 17 percent, there is little evidence a beef heifer retention occurring at a scale that would imply that significant expansion is occurring. Structural constraints, input costs, and financial considerations will likely delay a rapid recovery in beef cow numbers. Policy uncertainty is also a key factor to watch and the past few months has shown how sensitive cattle markets are to it. The herd rebuild, when it does occur, will be slower than the last rebuild that began in 2014. This slower speed is likely to mean relatively tight supplies and support for cattle prices for the next few years.

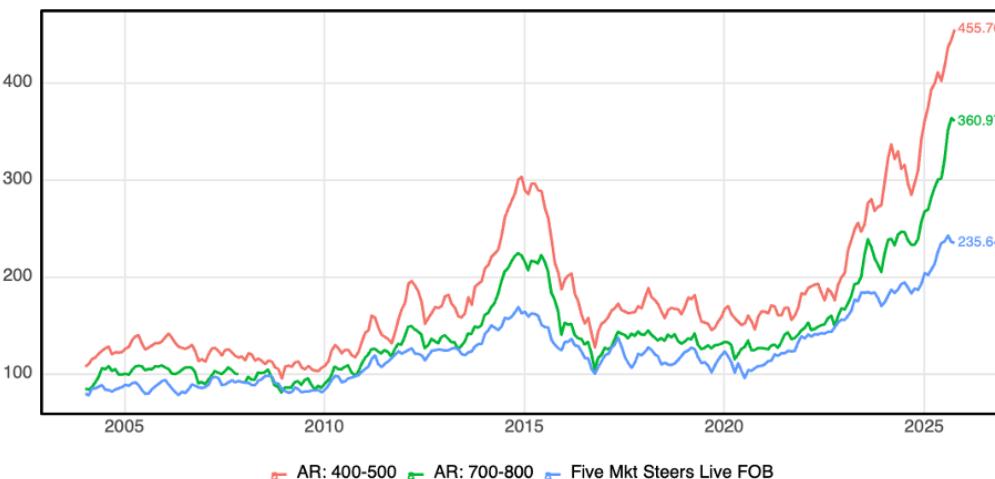


January 1 All Cattle and Calves Inventory, 1,000 Head.

Source: USDA-NASS, LMIC.



A Review of 2025 Beef & Cattle Markets, cont.



Monthly Average Steer Prices 2004-2025, \$/cwt.

Data Source: USDA-AMS, LMIC.

To stay up-to-date with all market happenings, scan the QR code & subscribe to the Cattle Market Weekly Notes



Cattle Market Report		For Weeks Ending On			% Chg Prev. Week	% Chg Prev. Year	Chg Prev. Week
		12/12/25	12/5/25	12/13/24			
500-600 lb. Feeder Steers	Mississippi M/L #1-2	\$389.68	\$371.11	\$287.97	5%	35%	\$18.57
	Arkansas M/L #1	\$412.97	\$402.16	\$297.78	3%	39%	\$10.81
	Kentucky M/L #1-2	\$392.40	\$372.52	\$297.78	5%	32%	\$19.88
	Oklahoma City M/L #1-2	\$425.91	\$390.66	\$305.09	9%	40%	\$35.25
	Alabama M/L #1	\$391.94	\$392.93	\$308.75	0%	27%	(\$0.99)
	Tennessee M/L #1-2	\$386.25	\$375.10	\$302.36	3%	28%	\$11.15
	Missouri M/L #1-2	\$400.00	\$395.22	\$297.60	1%	34%	\$4.78
700-800 lb. Feeder Steers	Mississippi M/L #1-2	\$327.65	\$297.79	\$235.38	10%	39%	\$29.86
	Arkansas M/L #1	\$349.15	\$337.29	\$258.42	4%	35%	\$11.86
	Kentucky M/L #1-2	\$326.22	\$318.69	\$247.14	2%	32%	\$7.53
	Oklahoma City M/L #1-2	\$328.92	\$318.33	\$255.32	3%	29%	\$10.59
	Alabama M/L #1	\$329.62	\$332.13	\$259.79	-1%	27%	(\$2.51)
	Tennessee M/L #1-2	\$322.98	\$310.60	\$239.88	4%	35%	\$12.38
	Missouri M/L #1-2	\$331.01	\$328.57	\$250.55	1%	32%	\$2.44
Negotiated Fed Steers	Live Price	\$228.19	\$221.21	\$194.31	3%	17%	\$6.98
	Dressed Price	\$353.62	\$342.61	\$303.44	3%	17%	\$11.01
Boxed Beef Cutout	Choice Value, 600-900 lb.	\$359.37	\$364.27	\$313.75	-1%	15%	(\$4.90)
	Select Value, 600-900 lb.	\$345.84	\$351.90	\$280.29	-2%	23%	(\$6.06)

Futures Prices		12/12/25	12/5/25
Live Cattle	December	\$229.80	\$227.15
	February	\$229.55	\$227.15
	April	\$229.40	\$227.68
Feeder Cattle	January	\$339.80	\$339.05
	March	\$334.80	\$333.30
	April	\$333.73	\$332.23
Corn	March	\$4.41	\$4.45
	May	\$4.49	\$4.52

Source: CME Group



Stay Connected

For more up-to-date information from the UK Beef Specialist on current topics, health news, and timely tips, check out the **"Off the Hoof" Newsletter**. You can look at past newsletters or subscribe to receive the newsletter directly each month. Scan the QR code with the camera on your phone to go directly to the newsletter website.



Off the Hoof
Newsletter



Beef Center
for Excellence
Website

LOGAN Co. CATTLEMEN QUARTERLY MEETING

MARCH 21, 2026
6:30 PM
LC Extension Office




Beef Bits Podcast
 UK Beef Extension specialist Jeff Lehmkuhler & his guests share general info. on beef cattle production, research & other related info.

UK Beef IRM Facebook
 Check out the UK Beef IRM Facebook Page for Upcoming programs and events



KCHC

Kentucky Crop Health Conference

9 a.m. to 3:30 p.m. CST, Feb. 5, 2026 - National Corvette Museum - Bowling Green, Ky.



Horacio Lopez-Nicora
 Ohio State University

Digging Deeper:
 Managing Soybean Cyst Nematode and Other Soilborne Pathogens



Jocelyn Smith
 University of Guelph, Ridgeway
 The Resurgence of European Corn Borer in Canada



Rodrigo Werle
 University of Wisconsin-Madison
 Targeted Herbicide Applications: Research Insights and Impact on the Future of Weed Control



Carl Bradley
 University of Kentucky
 Research update on Red Crown Rot of Soybean



Raul Villanueva
 University of Kentucky
 Update on Mollusk Management and Corn Leafhoppers



Travis Legleiter
 University of Kentucky
 The Battle Against Ryegrass Continues



Kiersten Wise
 University of Kentucky
 Winning the Battle Against Corn Disease



Matthew Springer
 University of Kentucky
 Multiple Methods to Reduce Wildlife Losses in Row Crop Production

2026 KENTUCKY DAIRY CONFERENCE

FEBRUARY 24 - 25

SLOAN CONVENTION CENTER BOWLING GREEN, KY

JOIN US FOR TWO ENERGIZING DAYS OF LEARNING, NETWORKING, AND CELEBRATING KENTUCKY'S DAIRY COMMUNITY

KDDC Kentucky Dairy Development Council

Martin-Gatton College of Agriculture, Food and Environment **KENTUCKY DEPARTMENT OF AGRICULTURE** **THE DAIRY ALLIANCE**



Registration Now Open

<https://www.kydairy.org/annualmeeting.html>

Tickets On Sale Now
 breakfast and lunch included
 Conference sign-in begins at 8 a.m. CST

Scan QR Code or visit:
<https://kchc2026.eventbrite.com>
 Tickets non-refundable after January 29, 2026

Credits:
CCA: 6 CEUs in IPM;
KY Pesticide Applicator: 5 CEUs for Category 1A & 1 CEU for Category 10
TN CEU Available



FREE

Soil Samples

Beginning in July 2025, Routine Tests for Soil Samples will be **FREE** for all Logan County clients



Deliver samples to the Extension Office by noon on Tuesday to make the weekly shipment to the Lab.

Additional Testing also available, prices vary

Other Great Newsletters to Check Out

The University of Kentucky has a variety of different newsletters from several departments on a vast number of topics. - Check them out!



KY Dairy Notes



KY Sheep & Goat



Cheep & Chirp



KY Forage News



KY Pest News



KY Field Crops News

IS THIS HAY ANY GOOD – UNDERSTANDING RELATIVE FORAGE QUALITY

There are lots of ways to answer the question 'Is my hay any good?' Producers know to look at the crude protein (CP) content and know a higher value means higher quality. Some will go to TDN, or total digestible nutrients, and make a judgement from that value. For some time, we have had a term, Relative Feed Value (RFV), as a useful index for forage quality. The RFV index was an effective way to communicate forage quality, but unfortunately it was designed to work primarily with alfalfa and alfalfa containing hays. RFV discriminates against grasses.

Now there is a new forage index, Relative Forage Quality (RFQ), that allows one number to describe the value of hay across all types of forages. RFQ is a better index because it uses improved formulas for digestibility and intake that take into account crude protein, non-fiber carbohydrates, the fat content and the digestibility of the fiber component. RFQ also has different intake and digestibility equations for grasses and legumes. The net result is that RFQ is an index that can be used to compare across all forage types. An RFQ value of 140 would mean the same whether it was from an alfalfa or a grass sample. In short, RFQ or Relative Forage Quality provides the best hay quality value to answer the question, "Is my hay any good?" To get RFQ on one of your future forage tests, consult the commercial lab's menu of available forage tests.

This is an excerpt of **Dr. Henning's Forage Doctor** column in the Nov. 7 issue of Farmer's Pride. For the full article go to: www.thefarmerspride.com.



**Better Product,
Bigger Profit!**

GET RAPID AND PRECISE FORAGE AND HAY ANALYSIS
WITH USE OF THE LATEST NIR TECHNOLOGY

Testing is **FREE!**

Hay Testing Available



Bring samples into the Logan Co. Extension Office or deliver them directly to the Barren County KSU Office



Email Tyler London or Jacob Hall:
Tyler.London@kysu.edu
Jacob.Hall@kysu.edu

BENEFITS

- Rapid analysis
- Identify areas for improvement
- Optimize harvest timing, fertilization, and storage methods
- Targeted feeding of livestock
- Market hay based on feed value for greater profit margins

UPCOMING DATES

Dec. 22	6:00 PM	South Central KY Deer School	LC Extension Office
Jan. 6	6:00 PM	South Central KY Deer School	LC Extension Office
Jan. 8	7:00 PM	UK Beef Management Webinar	Zoom
Jan. 8	12:00 PM	Garden to Groceries	Zoom
Jan. 11-13		KY Fruit & Vegetable Conference	Bowling Green, KY
Jan. 14	12:00 PM	Intensive Soybean Management Workshop	Bowling Green, KY
Jan. 14	8:00 AM	Row Crop Financial Planning Workshop	Springfield, TN
Jan. 15		KY Commodity Conference	Bowling Green, KY
Jan. 20	6:00 PM	Deer School	LC Extension Office
Jan. 22	9:00 AM	Private Pesticide Training	LC Extension Office
Feb. 3		UK Winter Wheat Meeting	Hopkinsville, KY
Feb. 3	6:00 PM	South Central KY Deer School	LC Extension Office
Feb. 4	11:30 AM	Ag Appreciation Luncheon	LC Extension Office
Feb. 5	9:00 AM	KY Crop Health Conference	Bowling Green, KY
Feb. 6	8:00 AM	KY-TN Grain Day	LC Extension Office
Feb. 10	9:00 AM	Private Pesticide Training	LC Extension Office
Feb. 10	6:00 PM	Private Pesticide Training	LC Extension Office
Feb. 12	12:00 PM	Garden to Groceries	Zoom
Feb. 12		UK Beef Management Webinar	Zoom
Feb. 24	8:00 AM	Alfalfa & Storage Forage Conference	LC Extension Office
Feb. 24-25		KY Dairy Conference	Bowling Green, KY
Feb. 25	9:30 AM	Tobacco Gap	LC Extension Office
March 12	12:00 PM	Garden to Groceries	Zoom
March 12	7:00 PM	UK Beef Management Webinar	Zoom
March 21	6:30 PM	Cattlemen Quarterly Meeting	LC Extension Office
April 14	4:00 pm	Steer Show Preliminary Weigh In	LC Extension Office
May 26	1:00 PM	Logan County Youth Steer Show	LC Extension Ag Arena

KENTUCKY COOK WILD RECIPE- VENISON CHILI



Venison Chili

- 1 pound ground venison
- 1 large onion, chopped
- ½ green pepper, chopped
- 2 tablespoons vegetable oil
- 1 (16 ounces) can diced tomatoes
- 2 (16 ounces) cans chili beans, undrained
- 1 (8 ounces) can tomato sauce
- 1 bay leaf
- ½ teaspoon salt
- ½ teaspoon cumin
- ½ teaspoon garlic powder
- 1 tablespoon chili powder
- Black pepper to taste

In a Dutch oven or large skillet, brown meat, onion, and green pepper in vegetable oil. Add remaining ingredients. Simmer 1 hour on low heat, stirring frequently. Remove bay leaf before serving.

Alternative to stove-top cooking: use slow cooker set on high for 4 hours

Yield: 10 servings

Adapted from Wild Game: From Field to Table, Sandra Bastin, PhD, RD, Extension Food and Nutrition Specialist. Revised July 2007

Nutrition Facts

10 servings per container	
Serving size	1 cup (230g)
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 640mg	28%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 67mg	6%
Iron 3mg	15%
Potassium 586mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.